

NEWS



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Some Use Spring Break to Hone Lifeguarding Skills

GLYNN COUNTY, Ga.- Twenty-five attentive students formed a circle and listened eagerly as an instructor explained the dangers of diving into a wave. The temperature at Brunswick Aquatic Center was a perfect seventy-six degrees when students in the American Red Cross Lifeguarding class hit the pool for some hands-on instruction today.

The Glynn County Recreation and Parks staff of four American Red Cross Certified trainers is conducting a week long training class that will teach students water rescue skills and injury prevention, as well as First Aid & CPR. Among today's lessons includes instruction and demonstration on how to rescue a spinal injury victim in shallow water.

"They learn how to rescue and move someone in the water without causing further damage to their spine, if they have suffered an injury", explained Program Coordinator Laura Ginn.

This week's course is made up mostly of young, high school students, like Klyne Weaver, who are on Spring Break from school this week. Klyne is a sophomore at McIntosh County Academy in Darien. She and four of her fellow classmates traveled to Glynn County for the class and have hopes of being hired at the Neptune Park Fun Zone or Summer Waves upon successful completion.

"I want to pursue a summer job as a lifeguard and learn CPR" said Klyne. "I thought the training would be something fun to do with my friends."

Glynn County's Lifeguarding class will continue through Friday with classroom and pool exercises. The County provides lifeguards for 3 aquatic facilities and the beach on St. Simons Island. Participants can apply for vacant positions with the County; however their training qualifies them to provide lifeguarding for any employer.

Point of contact for this press release is Candice Temple, Public Information Officer at 912.554-7412.

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